

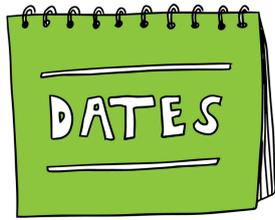


INFOPACK

**WHO WANTS TO BE A YOUTH
LEADER? - TRAINING COURSE**

**MÁRIABESNYŐ, GÖDÖLLŐ, HUNGARY
21.05.2022 - 29.05.2022.**

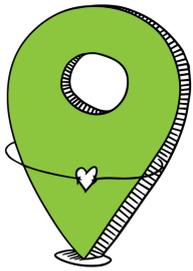




DATES

Travel days: 21.05.2022; 29.05.2022

Training: 22.05.2022-28.05.2022



PLACE

Máriabesnyő, Gödöllő, Hungary.

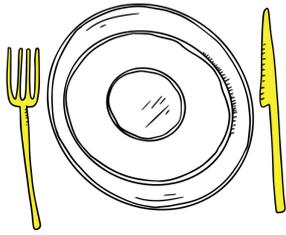


ACCOMMODATION

MATER
SALVATORIS

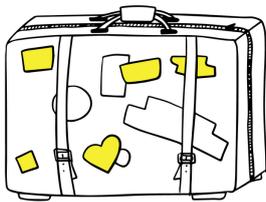
<http://www.mater-salvatoris.hu/2/>





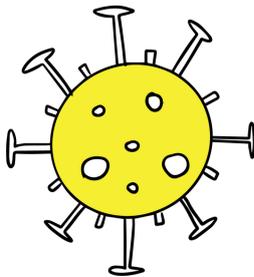
FOOD

3 meals/ day are included, special needs should be indicated in the application form.



RECOMMENDED FOR

Youth workers, volunteers, young people willing to be group leaders on international youth exchanges, over 18.



COVID-19 REGULATIONS

In order to enter Hungary, you need to have the following:

A; Legitimate EU Covid Pass, or

B; Negative PCR test (no older than 72 hours) (can be included in your travel cost, if you indicate it in your application form)

Please note: we would prefer fully vaccinated participants, because in Hungary, vaccination certificate is required at some places, like restaurants, pubs, etc.



WHO ARE WE?

The goal of Támaszpont MOPKA (Támaszpont Public Foundation of Mental Health, Education and Prevention) is to empower youth to achieve their fullest potential and to participate in every possible aspect of life.

Connected to the goal our main activities are:

- Preventional activities
- Transmission / transfer of basic human values
- Maintaining a low-threshold community space
- Support international mobilities
- Advocacy

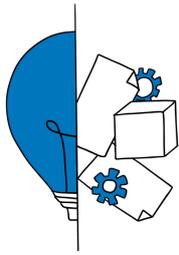
We are dealing with local, national and international youth work. It is important for us to preserve the physical and mental health of youngsters.

General human values are important for us such as tolerance, solidarity, empathy, acceptance and inclusion, equal opportunities, partnership, openness, diversity, active citizenship, self-knowledge, self-reflection, assertiveness, culture of debate, constructiveness.

We are providing safe and quality forms of leisure time activities, providing information on topics affecting young people, and ensuring the continuous availability of our professional staff.

We are supporting youth to learn about the wider world / environment, multicultural learning and learning about different perspectives and habits, and also to evolve self-sufficiency and a proper self-knowledge.

An important part of our work is to assess the needs of young people, to reflect on them and to communicate them to decision-makers.



CONCEPT OF THE PROJECT

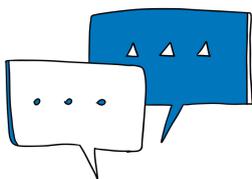
During the week we are going to work with our own skills and competences and learn about what is needed to be a skillful and reliable group leader.

The whole concept of the training is learning by doing in a non-formal way. We are going to play a lot, fun makes it more enjoyable to learn. At the same time you also learn about several topics to give an idea for international youth exchanges as a theme. Our aim is to come up with a concept for a youth exchange for the near future where you have the opportunity to try yourselves as group leaders.

We also plan to give a wide array of tools that can be used for workshops on future youth exchanges.

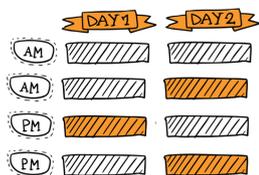
During the week we get to know each other, map our skills and competences, make bonds through games, deal with topics such as human rights and sustainable development, and invite everyone to think together, share ideas, even games.

We ask each national group to prepare a little presentation for the intercultural night. Also one afternoon is planned for you to have us play, if you have a good activity, please share with us.



LANGUAGE OF THE PROJECT

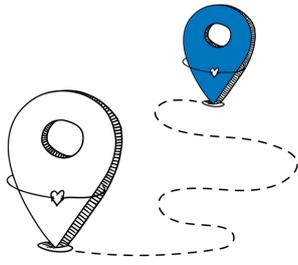
English



AGENDA

	DATE	ACTIVITY	DETAILS
22.05. SUN 1.DAY	MORNING	getting to know each other	Name games and get to know each other activities
		expectations-fears	Thoughts regarding the training
	AFTERNOON	Non-Formal learning	Games with stations
Home-Time		Preparation for the intercultural evening, short performances about our own countries, cities, regions	
	EVENING	Guess my passion	
23.05. MON 2.DAY	MORNING	have fun games	
	AFTERNOON	Pictures	Putting together a picture - method
		Competence Poker	Ranking the competences for team leadership
EVENING	intercultural evening		
24.05. TUE 3.DAY	MORNING	earth walk	Learning how the world evolves
	AFTERNOON	SDGs	Learning the rules of sustainability
		Nail game & Egg pilot	With group rotation
		Fish game	
EVENING	board game night		

	DATE	ACTIVITY	DETAILS
25.05. WED 4.DAY	MORNING	let's play drama - human rights	drama pedagogy activity on the topic of human rights
	AFTERNOON	building out of LEGO game	
		snake leading game	Group leadership activities
		housebuilding	
EVENING	game night		
26.05. THU 5.DAY	MORNING	H52 - labyrinth and building with rope	Traveling to BP, visiting the H52 and playing together
	AFTERNOON	free time and dinner	Free time in BP
	EVENING	FREE	
27.05. FRI 6.DAY	MORNING	self-awareness – church game	Youth field – what would I be here? A miracle happens - What is it and how does it affect you?
		trust Building Games	our own and other people's boundaries
	AFTERNOON	bring your own game	Participant's games
	EVENING		
28.05. SAT 7.DAY	MORNING	summary	Gathering the games played throughout the week and writing down the activities
		Youth Exchange topic	What topics came up this week? What else could be exciting?
	AFTERNOON	evaluation	youth pass, reflection of the week
	EVENING	farewell party	



HOW TO GET TO THE VENUE

From Liszt Ferenc International Airport to Máriabesnyő Railway station:

-100E (bus stop in front of the Terminal)

-Change at Astoria M2 station (metro line 2 to the direction of Örs Vezér tere)

-Change at Keleti Railway station (train to Máriabesnyő)

For the timetable of the train you can check:

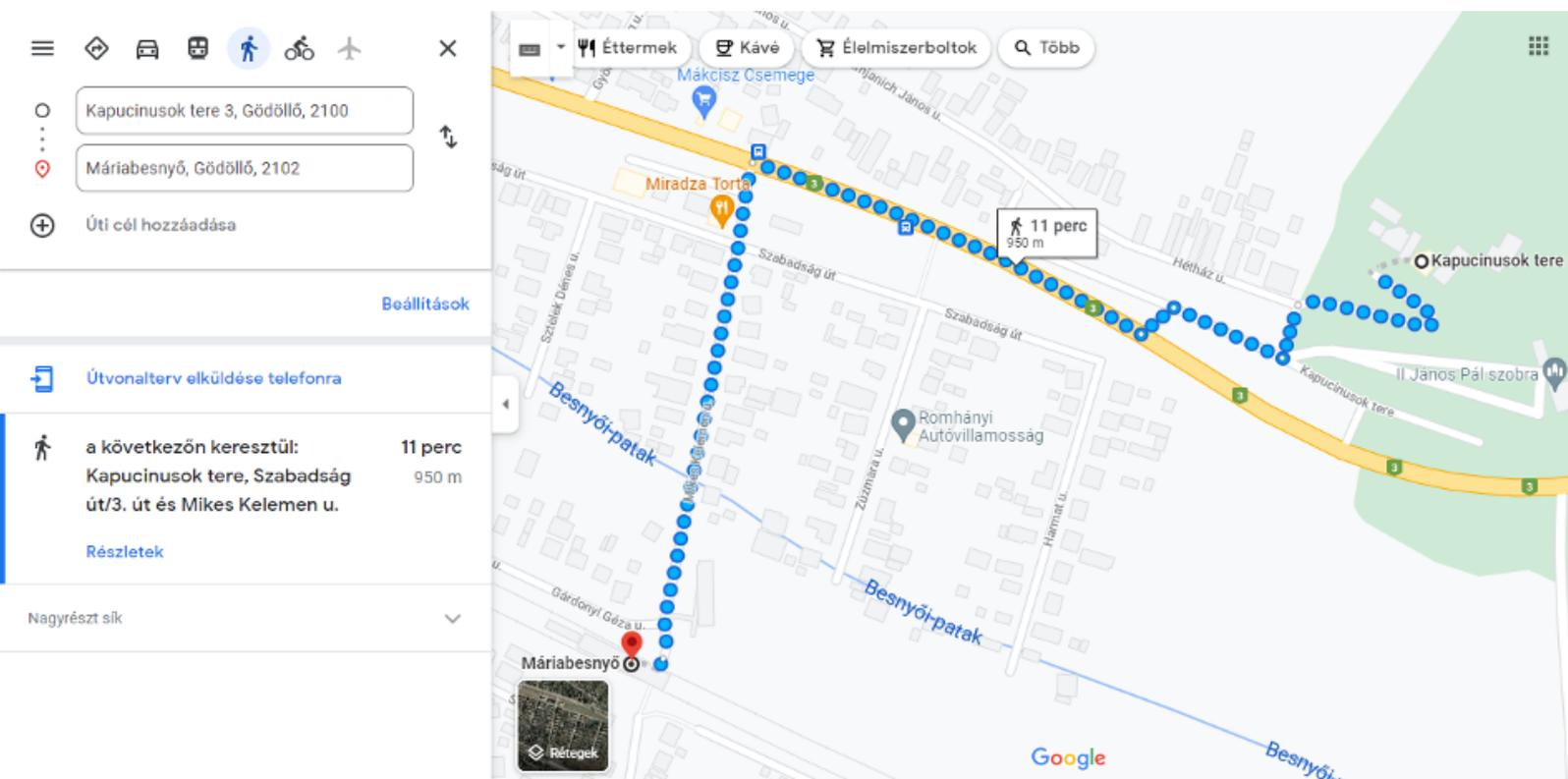
<https://menetrendek.hu/mobile/?lng=en>

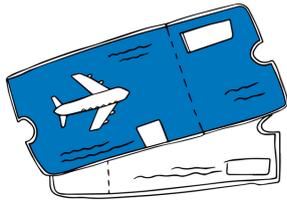
-Final destination: Railway station of Máriabesnyő

The accomodation is 11 minutes away from the railway station by walk

Address: 2100 Gödöllő-Máriabesnyő, Kapucinusok tere 3.

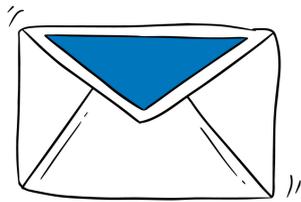
How to get to the Accomondation:





TRAVEL

All travel costs are included in the project, in line with the Erasmus+ guidelines. Exceptional costs, such as Covid-19 tests or Visa can be included, if they are necessary for your travel, and you inform the coordinating organisation before your travel in the application form. The reimbursement process usually takes about 2-3 months at most, and during the training, you will receive every information necessary for that. Please keep every invoice and physical ticket that you buy for the time of the training.



CONTACT

For any further information or help, you can contact us through the following platforms:

Támaszpont MOPKA (coordinating organisation):
mopka@tamaszpont.net (biggest chance for a fast answer, in the subject, please write the name of the project)

Mr. Levente Hazay (international program coordinator)
hazay.levente@tamaszpont.net

Ms. Fanni Pozsonyi (office manager) pozsonyifanni@tamaszpont.net

